ON THE SQUARE ROOTS OF TRIANGULAR NUMBERS

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1. BALANCING NUMBERS

We call an integer $n \in \mathbb{Z}^+$ a *balancing number* if

$$1 + 2 + \dots + (n-1) = (n+1) + (n+2) + \dots + (n+r)$$
(1)

for some $r \in \mathbb{Z}^+$. Here r is called the *balancer* corresponding to the balancing number n.

For example, 6, 35, and 204 are balancing numbers with balancers 2, 14, and 84, respectively. It follows from (1) that, if n is a balancing number with balancer r, then

$$n^{2} = \frac{(n+r)(n+r+1)}{2}$$
(2)

and thus

$$r = \frac{-(2n+1) + \sqrt{8n^2 + 1}}{2}.$$
(3)

It is clear from (2) that *n* is a balancing number if and only if n^2 is a triangular number (cf. [2], p. 3). Also, it follows from (3) that *n* is a balancing number if and only if $8n^2 + 1$ is a perfect square.

2. FUNCTIONS GENERATING BALANCING NUMBERS

In this section we introduce some functions that generate balancing numbers. For any balancing number x, we consider the following functions:

$$F(x) = 2x\sqrt{8x^2 + 1},$$
 (4)

$$G(x) = 3x + \sqrt{8x^2 + 1},$$
 (5)

$$H(x) = 17x + 6\sqrt{8x^2 + 1}.$$
 (6)

First, we prove that the above functions always generate balancing numbers.

Theorem 2.1: For any balancing number x, F(x), G(x), and H(x) are also balancing numbers.

Proof: Since x is a balancing number, $8x^2 + 1$ is a perfect square, and

$$\frac{8x^2(8x^2+1)}{2} = 4x^2(8x^2+1)$$

is a triangular number which is also a perfect square; therefore, its square root $2x\sqrt{8x^2+1}$ is a (an even) balancing number. Thus, for any given balancing number x, F(x) is an even balancing number. Since $8x^2 + 1$ is a perfect square, it follows that

$$8(G(x))^2 + 1 = (8x + 3\sqrt{8x^2 + 1})^2$$

is also a perfect square; hence, G(x) is a balancing number. Again, since G(G(x)) = H(x), it follows that H(x) is also a balancing number. This completes the proof of Theorem 2.1.

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It is important to note that, if x is any balancing number, then F(x) is always even, whereas G(x) is even when x is odd and G(x) is odd when x is even. Thus, if x is any balancing number, then G(F(x)) is an odd balancing number. But

$$G(F(x)) = 6x\sqrt{8x^2 + 1} + 16x^2 + 1.$$

The above discussion proves the following result.

Theorem 2.2: If x is any balancing number, then

$$K(x) = 6x\sqrt{8x^2 + 1} + 16x^2 + 1 \tag{7}$$

is an odd balancing number.

3. FINDING THE NEXT BALANCING NUMBER

In the previous section, we showed that F(x) generates only even balancing numbers, whereas K(x) generates only odd balancing numbers. But H(x) and K(x) generate both even and odd balancing numbers. Since H(6) = 204 and there is a balancing number 35 between 6 and 204, it is clear that H(x) does not generate the next balancing number for any given balancing number x. Now the question arises: "Does G(x) generate the next balancing number for any given balancing number x?" The answer to this question is affirmative. More precisely, if x is any balancing number, then the next balancing number is $3x + \sqrt{8x^2 + 1}$ and, consequently, the previous one is $3x - \sqrt{8x^2 + 1}$.

Theorem 3.1: If x is any balancing number, then there is no balancing number y such that $x < y < 3x + \sqrt{8x^2 + 1}$.

Proof: The function $G:[0,\infty) \to [1,\infty)$, defined by $G(x) = 3x + \sqrt{8x^2 + 1}$, is strictly increasing since

$$G'(x) = 3 + \frac{8x}{\sqrt{8x^2 + 1}} > 0.$$

Also, it is clear that G is bijective and x < G(x) for all $x \ge 0$. Thus, G^{-1} exists and is also strictly increasing with $G^{-1}(x) < x$. Let $u = G^{-1}(x)$. Then G(u) = x and $u = 3x \pm \sqrt{8x^2 + 1}$. Since u < x, we have $u = 3x - \sqrt{8x^2 + 1}$. Also, since $8(G^{-1}(x))^2 + 1 = (8x - 3\sqrt{8x^2 + 1})^2$ is a perfect square, it follows that $G^{-1}(x)$ is also a balancing number.

Now we can complete the proof in two ways. The first is by the *method of induction*; the second is by the *method of infinite descent* used by Fermat ([2], p. 228).

By induction: We define $B_0 = 1$ (the reason is that $8 \cdot 1^2 + 1 = 9$ is a perfect square) and $B_n = G(B_{n-1})$ for n = 1, 2, ... Thus, $B_1 = 6, B_2 = 35$, and so on. Let H_i be the hypothesis that there is no balancing number between B_{i-1} and B_i . Clearly, H_1 is true. Assume H_i is true for i = 1, 2, ..., n. We shall prove that H_{n+1} is true, i.e., there is no balancing number y such that $B_n < y < B_{n+1}$. Assume, to the contrary, that such a y exists. Then $G^{-1}(y)$ is a balancing number, and since G^{-1} is strictly increasing, it follows that $G^{-1}(B_n) < G^{-1}(y) < G^{-1}(B_{n+1})$, i.e., $B_{n-1} < G^{-1}(y) < B_n$, which is a contradiction to the assumption that H_n is true. So H_{n+1} is also true. Thus, if x is a balancing number, then $x = B_n$ for some n and there is no balancing number between x and G(x).

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By the method of infinite descent: Here assume H_n is false for some n. Then there exists a balancing number y such that $B_{n-1} < y < B_n$, and this implies that $B_{n-2} < G^{-1}(y) < B_{n-1}$. Finally, this would imply that there exists a balancing number B between B_0 and B_1 , which is false. Thus, H_n is true for n = 1, 2, ...

This completes the proof of Theorem 3.1.

Corollary 3.2: If x is any balancing number, then its previous balancing number is $3x - \sqrt{8x^2 + 1}$.

Proof: $G(3x - \sqrt{8x^2 + 1}) = x$.

4. ANOTHER FUNCTION GENERATING BALANCING NUMBERS

In this section we develop a function f(x, y) of two variables generating balancing numbers such that all the functions F(x), G(x), H(x), and K(x) are obtained as particular cases of this function.

Let x be any balancing number. We try to find balancing numbers of the form

$$B = px + q\sqrt{8x^2 + 1},$$

where $p, q \in \mathbb{Z}^+$. In the previous section we have seen that most of the balancing numbers are of this form. Since B is a balancing number, $8B^2 + 1 = (8qx + p\sqrt{8x^2 + 1})^2 + 8q^2 - p^2 + 1$ must be a perfect square; this happens if $8q^2 - p^2 + 1 = 0$, i.e., $p = \sqrt{8q^2 + 1}$. Since $p \in \mathbb{Z}^+$, it follows that $8q^2 + 1$ must be a perfect square, and this is possible if q is a balancing number.

The above discussion proves the following theorem.

Theorem 4.1: If x and y are balancing numbers, then

$$f(x, y) = x\sqrt{8y^2 + 1} + y\sqrt{8x^2 + 1}$$
(8)

is also a balancing number.

Remark 4.2: (a) f(x, x) = F(x); (b) f(x, 1) = G(x); (c) f(x, 6) = H(x); (d) f(x, G(x)) = K(x).

5. RECURRENCE RELATIONS FOR BALANCING NUMBERS

We know that $B_1 = 6$, $B_2 = 35$, $B_3 = 204$, and so on. We have already assumed that $B_0 = 1$. In Section 3 we proved that, if B_n is the n^{th} balancing number, then

$$B_{n+1} = 3B_n + \sqrt{8B_n^2 + 1}$$
 and $B_{n-1} = 3B_n - \sqrt{8B_n^2 + 1}$.

It is clear that the balancing numbers obey the following recurrence relation:

$$B_{n+1} = 6B_n - B_{n-1}.$$
 (9)

Using the recurrence relation (9), we can obtain some other interesting relations concerning balancing numbers.

Theorem 5.1:

(a) $B_{n+1} \cdot B_{n-1} = (B_n + 1)(B_n - 1).$ (b) $B_n = B_k \cdot B_{n-k} - B_{k-1} \cdot B_{n-k-1}$ for any positive integer k < n.

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(c) $B_{2n} = B_n^2 - B_{n-1}^2$. (d) $B_{2n+1} = B_n(B_{n+1} - B_{n-1})$.

Proof: From (9), it follows that

$$\frac{B_{n+1} + B_{n-1}}{B_n} = 6.$$
(10)

Replacing *n* by n-1 in (10), we get

$$\frac{B_{n-1} + B_{n-2}}{B_{n-1}} = 6.$$
(11)

From (10) and (11), we obtain $B_n^2 - B_{n-1} \cdot B_{n+1} = B_{n-1}^2 - B_{n-2} \cdot B_n$. Now, iterating recursively, we see that $B_n^2 - B_{n-1} \cdot B_{n+1} = B_1^2 - B_0 \cdot B_2 = 36 - 1 \cdot 35 = 1$. Thus, $B_n^2 - 1 = B_{n+1} \cdot B_{n-1}$, from which (a) follows.

The proof of (b) is based on induction. Clearly, (b) is true for n > 1 and k = 1. Assume that (b) is true for k = r, i.e., $B_n = B_r \cdot B_{n-r} - B_{r-1} \cdot B_{n-r-1}$. Thus,

$$\begin{split} B_{r+1} \cdot B_{n-r-1} - B_r \cdot B_{n-r-2} &= (6B_r - B_{r-1})B_{n-r-1} - B_r \cdot B_{n-r-2} \\ &= 6B_r \cdot B_{n-r-1} - B_{r-1} \cdot B_{n-r-1} - B_r \cdot B_{n-r-2} \\ &= B_r (6B_{n-r-1} - B_{n-r-2}) - B_{r-1} \cdot B_{n-r-1} \\ &= B_r \cdot B_{n-r} - B_{r-1} \cdot B_{n-r-1} = B_n, \end{split}$$

showing that (b) is true for k = r + 1. This completes the proof of (b).

The proof of (c) follows by replacing n by 2n and k by n in (b). Similarly, the proof of (d) follows by replacing n by 2n+1 and k by n in (b). This completes the proof of Theorem 5.1.

6. GENERATING FUNCTION FOR BALANCING NUMBERS

In Section 5 we obtained some recurrence relations for the sequence of balancing numbers. In this section our aim is to find a nonrecursive form for B_n , n = 0, 1, 2, ..., using the generating function for the sequence B_n .

Recall that the generating function for a sequence $\{x_n\}$ of real numbers is defined by

$$g(s)=\sum_{n=0}^{\infty}x_ns^n.$$

Thus,

$$x_n = \frac{1}{n!} \frac{d^n}{ds^n} g(s) \bigg|_{s=0}$$
 (see [5], p. 29).

Theorem 6.1: The generating function of the sequence B_n of balancing numbers is $g(s) = \frac{1}{1-6s+s^2}$ and, consequently,

$$B_{n} = 6^{n} - \binom{n-1}{1} 6^{n-2} + \binom{n-2}{2} 6^{n-4} - \dots + (-1)^{\left[\frac{n}{2}\right]} \binom{n - \left[\frac{n}{2}\right]}{\left[\frac{n}{2}\right]} 6^{n - \left[\frac{n}{2}\right]}$$

$$= \sum_{k=0}^{\left[\frac{n}{2}\right]} (-1)^{k} \binom{n-k}{k} 6^{n-2k},$$
(12)

where [] denotes the greatest integer function.

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Proof: From (9) for $n = 1, 2, ..., we have <math>B_{n+1} - 6B_n + B_{n-1} = 0$. Multiplying each term by s^n and taking summation over n = 1 to $n = \infty$, we obtain

$$\frac{1}{s}\sum_{n=1}^{\infty}B_{n+1}s^{n+1} - 6\sum_{n=1}^{\infty}B_ns^n + s\sum_{n=1}^{\infty}B_{n-1}s^{n-1} = 0$$

which, in terms of g(s), yields

$$\frac{1}{s}(g(s)-1-6s)-6(g(s)-1)+sg(s)=0.$$

Thus,

$$g(s) = \frac{1}{1 - 6s + s^2} = (1 - (6s - s^2))^{-1}$$

= 1 + (6s - s^2) + (6s - s^2)^2 + (6s - s^2)^3 + \cdots (13)

When *n* is even, the terms containing s^n in (13) are $(6s-s^2)^{n/2}$, $(6s-s^2)^{(n/2)+1}$, ..., $(6s-s^2)^n$, and in this case the coefficient of s^n in g(s) is

$$6^{n} - \binom{n-1}{1} 6^{n-2} + \binom{n-2}{2} 6^{n-4} - \dots + (-1)^{n/2}.$$
 (14)

When *n* is odd, the terms containing s^n in (13) are $(6s-s^2)^{(n+1)/2}$, $(6s-s^2)^{(n+3)/2}$, ..., $(6s-s^2)^n$, and in this case the coefficient of s^n in g(s) is

$$6^{n} - \binom{n-1}{1} 6^{n-2} + \binom{n-2}{2} 6^{n-4} - \dots + (-1)^{(n-1)/2} \binom{\frac{n+1}{2}}{\frac{n-1}{2}} 6.$$
 (15)

It is clear that (14) represents the right-hand side of (12) when n is even and (15) represents the right-hand side of (12) when n is odd. This completes the proof of Theorem 6.1.

7. ANOTHER NONRECURSIVE FORM FOR BALANCING NUMBERS

In Section 6 we obtained a nonrecursive form for B_n , n = 0, 1, 2, ..., using the generating function. In this section we shall obtain another nonrecursive form for B_n by solving the recurrence relation (9) as a difference equation.

We rewrite (9) in the form

$$B_{n+1} - 6B_n + B_{n-1} = 0, (16)$$

which is a second-order linear homogeneous difference equation whose auxiliary equation is

$$\lambda^2 - 6\lambda + 1 = 0. \tag{17}$$

The roots $\lambda_1 = 3 + \sqrt{8}$ and $\lambda_2 = 3 - \sqrt{8}$ of (17) are real and unequal. Thus,

$$B_n = A\lambda_1^n + B\lambda_2^n, \tag{18}$$

where A and B are determined from the values of B_0 and B_1 . Substituting $B_0 = 1$ and $B_1 = 6$ into (18), we get

$$4 + B = 1,$$
 (19)

$$A\lambda_1 + B\lambda_2 = 6. \tag{20}$$

Solving (19) and (20) for A and B, we obtain

$$A = \frac{\lambda_2 - 6}{\lambda_2 - \lambda_1} = \frac{\lambda_1}{\lambda_1 - \lambda_2}; \quad B = \frac{6 - \lambda_1}{\lambda_2 - \lambda_1} = -\frac{\lambda_2}{\lambda_1 - \lambda_2}.$$

Substituting these values into (18), we get

$$B_n = \frac{\lambda_1^{n+1} - \lambda_2^{n+1}}{\lambda_1 - \lambda_2}, \quad n = 0, 1, 2, \dots$$

Theorem 7.1: If B_n is the n^{th} balancing number, then

$$B_n = \frac{\lambda_1^{n+1} - \lambda_2^{n+1}}{\lambda_1 - \lambda_2}, \quad n = 0, 1, 2, \dots,$$

where $\lambda_1 = 3 + \sqrt{8}$ and $\lambda_2 = 3 - \sqrt{8}$.

8. LIMIT OF THE RATIO OF THE SUCCESSIVE TERMS

The Fibonacci numbers ([1], p. 6) are defined as follows: $F_0 = 1$, $F_1 = 1$, $F_n = F_{n-1} + F_{n-2}$ for n = 2, 3, ... It is well known that

$$\lim_{n\to\infty}\frac{F_{n+1}}{F_n}=\frac{1+\sqrt{5}}{2},$$

which is called the *golden ratio* [1]. We prove a similar result concerning balancing numbers. *Theorem 8.1:* If B_n is the n^{th} balancing number, then

$$\lim_{n\to\infty}\frac{B_{n+1}}{B_n}=3+\sqrt{8}\,.$$

Proof: From the recurrence relation (9), we have

$$\frac{B_{n+1}}{B_n} + \frac{B_{n-1}}{B_n} = 6.$$
 (21)

Putting $\lambda = \lim_{n \to \infty} \frac{B_{n+1}}{B_n}$ in (21), we get $\lambda^2 - 6\lambda + 1 = 0$, i.e., $\lambda = 3 \pm \sqrt{8}$. Since $B_{n+1} > B_n$, we must have $\lambda \ge 1$. Thus, $\lambda = 3 + \sqrt{8}$. This completes the proof of Theorem 8.1.

An alternative proof of Theorem 8.1 can be obtained by considering the relation

$$B_{n+1} = 3B_n + \sqrt{8B_n^2 + 1}$$

and using the fact that $B_n \to \infty$ as $n \to \infty$.

It is important to note that the limit ratio $3+\sqrt{8}$ represents the simple periodic continued fraction ([4], Ch. X)

$$[\dot{6}, -\dot{6}] = 6 + \frac{1}{-6 + \frac{1}{6 + \frac{1}{-6 + \dots}}},$$
(22)

and from Theorem 178 ([4], p. 147) it follows that, if C_n is the nth convergent of (22), then

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$$C_{n} = \frac{\lambda_{1}^{n+2} - \lambda_{2}^{n+2}}{\lambda_{1}^{n+1} - \lambda_{2}^{n+1}},$$

where $\lambda_1 = 3 + \sqrt{8}$ and $\lambda_2 = 3 - \sqrt{8}$. An application of Theorem 7.1 shows that $C_n = \frac{B_{n+1}}{B_n}$; thus, $B_0 = 1$ and $B_{n+1} = B_n C_n$, n = 0, 1, 2, ...

9. AN APPLICATION OF BALANCING NUMBERS TO A DIOPHANTINE EQUATION

It is quite well known that the solutions of the Diophantine equation

$$x^2 + y^2 = z^2, \quad x, y, z \in \mathbb{Z}^+$$
 (23)

are of the form

$$x = u^2 - v^2$$
, $y = 2uv$, $z = u^2 + v^2$

where $u, v \in \mathbb{Z}^+$ and u > v ([3], [4], [7]). The solution (x, y, z) is called a *Pythagorean triplet*. We consider the solutions of (23) in a particular case, namely,

$$x^2 + (x+1)^2 = y^2.$$
 (24)

In this section we relate the solutions of (24) with balancing numbers.

Let (x, y) be a solution of (24). Hence, $2y^2 - 1 = (2x + 1)^2$. Thus,

$$\frac{(2y^2-1)\cdot 2y^2}{2} = y^2 \cdot (2y^2-1)$$

is a triangular number as well as a perfect square. Therefore,

$$B = \sqrt{y^2 (2y^2 - 1)} \tag{25}$$

is an odd balancing number (since y^2 and $2y^2 - 1$ are odd). Since $y^2 \ge 1$, it follows from (25) that

$$y^2 = \frac{1 + \sqrt{8B^2 + 1}}{4}.$$
 (26)

Again, since y is positive by assumption, we have

$$y = \frac{1}{2}\sqrt{1 + \sqrt{8B^2 + 1}}$$

From (24) and (26), we obtain

$$2x^2 + 2x + 1 = \frac{1 + \sqrt{8B^2 + 1}}{4}.$$

Since x is positive, it follows that

$$x = \frac{\sqrt{\frac{1}{2}\left(\sqrt{8B^2 + 1} - 1\right)} - 1}{2}$$

For example, if we take B = 35 (an odd balancing number), then we have

$$x = \frac{\sqrt{\frac{1}{2}(\sqrt{8 \cdot 35^2 + 1} - 1) - 1}}{2} = 3,$$

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$$y = \frac{1}{2}\sqrt{1 + \sqrt{8 \cdot 35^2 + 1}} = 5,$$

$$3^2 + (3 + 1)^2 = 5^2,$$

$$x^2 + (x + 1)^2 = y^2.$$

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